

Monthly *Support Groups* at HLRCC

Woman to Woman Breast Cancer Support Group Monthly, 3rd Tuesday, 7 PM - 8:30 PM
Contact Theresa Lombardo at 860-274-2200

Brave at Heart Breast Cancer Support Group Monthly, 2nd Wednesday, 7 PM - 9 PM
Contact Anne Pringle at 203-910-7582

CT Multiple Myeloma Fighters Support Group Monthly, 2nd Tuesday, 6 PM - 8 PM
Contact Robin Tuoby at 203-206-3536

HOPE: Mutual Aid Group for Patients and Their Loved Ones
 Monthly, 1st & 3rd Tuesday, 12 PM - 1 PM
Contact Melissa Seres at 203-575-5511

Better Breathing Club Monthly, 3rd Friday, 2 PM - 3 PM
Contact Rachel Kirchner at 203-757-4991

American Cancer Society: Look Good, Feel Better! Monthly, 1st Monday, 2 PM - 4 PM
Contact the ACS at 203-756-8888

American Cancer Society: Reach to Recovery By appointment
Contact the ACS at 203-756-8888

Greater Waterbury Area Ostomy Support Group Monthly, 1st Monday, 6:30 PM - 8:30 PM
Contact Sue Wise at 203-597-8942

Heart Center of Greater Waterbury Support Group Monthly, 1st Monday, 1 PM
Contact Sandra Micalizzi at 203-575-5573

Freedom from Smoking: An 8-week smoking cessation series Thursday, 6:30 PM - 8 PM
Registration 203-575-1992

Amputee Support Group Monthly, 3rd Friday, 2 PM
Contact Cornelia Downes at 860-567-5810

Thyroid Cancer Support Group Monthly, Last Tuesday of Month, 6 PM - 7 PM
Contact Dot Torretta at 203-756-3481

LOTUS Integrative Medicine Monthly, 2nd Wednesday, 7 PM – 9 PM
For more information, visit www.lotusmedical.org

Art Therapy 1st and 3rd Tuesday, 10 AM – 12 PM
Contact Melissa Seres, MSW at 203-575-5511

UPDATED MAY 11



THE HAROLD LEEVER REGIONAL CANCER CENTER

The Right Team. Right Here.

